

## Summary

### Boredom Does Not Exist. Activating Methods in Socio-cultural Animation and Contemporary Educational Challenges

Modern dynamic socio-cultural changes require an adequate response from the university education system. The current labour market is looking for employees not only substantially prepared, but also possessing many skills that go beyond the area of strictly defined knowledge such as the ability to build teams, cooperate, find your role in a group and solve problems in a creative way, be autonomous and at the same time, responsible for the team. An effective way to acquire these competences is through experiential learning. Just as introducing theoretical content provides the necessary foundations and prepares you for work, improving soft skills and teaching work methods tailored to current socio-cultural conditions and responding to contemporary challenges equips you with the tools necessary to work effectively with people. The optimal situation occurs when these two types of activities can be combined.

The research and animation project presented in the book is a proposal for a working method which integrates theoretical knowledge with the acquisition of social skills in action. The monograph is the result of the implementation of this project with the participation of students. Its aim was to examine the possibility of using activating methods in working with various groups. Activating methods are aimed at action. Due to their diversity and flexibility, they can be used to develop personal and social competences – skills in collaborating in diverse teams, resolving conflicts and dealing with problems. During the implementation of the project, students were, on the one hand, the researchers of activation methods, and, on the other hand, the recipients of the research and animation design method; thus, they implemented the assumptions of experiential learning.

The participatory model of working with students used in the project may be implemented at various stages of education and in various educational situations. After necessary modifications, it can be successfully used in a wide field of education and therefore become an inspiration in academic work as well as in school education. The book is aimed at educators, teachers, animators and pedagogic scientific circles. It addresses current social needs in the field of competence development in working with university students – it proposes combining theory and practice in the way which is effective and activate students.

*Translated by Bożena Lesiuk*